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In ADDICTION TO LOVE, recovering love addict Susan Peabody explains the. Love addiction manifests in many forms, from Fatal Attraction -type obsessive lust to less extreme but nonetheless psychologically and emotionally harmful forms. The most common of these is staying in a bad relationship because of a fear of being alone-the "I hate you but don't leave me" relationship.

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In ADDICTION TO LOVE, recovering love addict Susan Peabody explains the variety of ways this disorder plays out, from the obsessively doting love addict to the addict who can't disentangle from an unfulfilling, dead-end relationship. Peabody provides an in-depth and easy-to-follow recovery program for those suffering from this unhealthy and often dangerous addiction and explains how to create a loving, safe, and fulfilling relationship.

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ADDICTION TO LOVE OVERCOMING OBSESSION & DEPENDENCY SUSAN ...

Love addiction is a compulsive, obsessive, and dysfunctional dependency on a person in a relationship. The addiction to love is, in reality, an addiction to a fantasy of another person in the relationship. The fantasy feeds the obsession and powerful denial of the other person- and creating the illusion of true love, intimacy, and closeness.

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